

Good Cross-Pollination?



What percentage of teenagers *admit* being addicted to their phones?

50%

True or False. In surveys, college students have reported texting

- _____ while showering
- _____ while eating
- _____ at church, mosque, synagogue, or other place of worship
- _____ during a funeral
- _____ to break up with someone
- _____ during sex

Good Cross-Pollination Tips

- Plan your day & be on time
- Get healthy
- Use deodorant
- Brush your teeth
- Sit with different people
- Talk with them
- Remember names
- If someone is alone, reach out to them
- Listen & look at people when they're talking
- Don't interrupt
- Don't make noise
- **Put your phone away**
- Participate
- Take responsibility
- Pull your weight
- Share credit
- Respond to emails always & immediately
- Double-check your email responses
- Smile & check your body language
- Don't swear
- Know the "love languages"
- Pick up small pieces of trash
- Think win-win
- Keep an open mind
- Stay positive & assume the best
- Show sincere appreciation
- Default to "yes" & say "no"
- Be honest but tactful
- Be politely critical of other people's work
- Don't quit
- Hang out
- Laugh

Josh Steimie, "30 Simple Habits To Help You Work Well With Others," *Forbes*, Feb. 18, 2015. <http://www.forbes.com/sites/joshsteimie/2015/02/18/30-simple-habits-to-help-you-work-well-with-others/#30251abc72ba> .